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COMMUNITY NEWS People in the picture

Horses show up well

HORSES from across the region strutted the in Witchford.

Record numbers of ponies and their owners turned out for the JJ Equestrian Showing Show in the village

The friendly show was organised by Sarah Crosbie, owner of JJ Equestrian.

She said: "Competitors came from all over the county and I am absolutely thrilled at how these local shows have grown over the past year.

"We are celebrating our first birthday on Sunday, August 26 with a big birthday bash. "We have also been invited to have a ring at Equifest on Sunday, August 19. This is a big honour for me as I have always visited Equifest and believe it's the biggest equestrian showing

event in East Anglia.¹ Georgia Prosser, riding Outta This World, was the show's 'ridden champion' and 'in hand champion' was Stacey Barham with Galliard Melody.

Both champions won a £50 voucher, kindly

Mind over matter: Daniel Regan, centre, with

Pete Howard

Hypnotherapist's two-in-a-row success

A HYPNOTHERAPIST from Ely has scooped an award for the second month in a row. Daniel Regan, who runs Ely Mind Coaching

Saddled for success: Charlotte Starke on Cayberry Hash Dance. CP

Visit www.jjequestrian.co.uk for more

donated by Styalways Saddlery.

information

and Hypnotherapy, has won the Nigel Botterill's Entrepreneur Circle's Entrepreneur of the Month for Cambridgeshire award. Mr Regan, who lives in Ely, also runs sessions in Cambridge and Newmarket, helping people overcome problems including

depression and phobias, as well as losing weight, boosting confidence and stopping smokina. Visit www.elymindcoaching.co.uk for more

business growth advisors Dan Hardingham and information







Sponsors call for golf day

THE countdown to Ely City Golf Club's captain's jubilee charity day is now on - and more sponsors are needed.

The event is being held at the club on Friday, September 28, and will be raising money for two charities – the Arthur Rank Hospice and East Anglia's Children's Hospices. Paul Ruskin, chairman of the organising committee, is urging people and businesses to get behind the event. He said: "Not only is the captain's jubilee charity golf day a great golfing event it is also a chance to really show your support for two terrific regional charities. whose services are pivotal to those who are struggling with any lifethreatening illness. Sponsors will receive plenty of recognition of their support on the day, including banners around the club and the chance to enter a team to play on the day. For more information call the club on (01353) 662751

Dragonfly day insect insight

RUDDY Darter and Migrant Hawker were among the words flying around at Wicken Fen. The reserve hosted a special dragonflythemed day where nature lovers and families could learn more about the insects. The National Trust teamed up with the British Dragonfly Society and the Dragonfly Project for the event, which included a host of dragonfly-related activities, including guided dragonfly walks, dragonfly spotting boat trips, pond dipping and larva-feeding demonstrations

Group gets £500 boost

A VOLUNTARY group set up to give mums in the Ely area breastfeeding support is more than £500 better

off. Elv Milks held a community fun day at the Hayward Theatre in Elv.

More than 150 families enjoyed craft stalls, children's games, and a children's entertainer and received plenty of advice about what help the Ely Milks group can

give. Sarah Oakley from the group said: "The event was so well supported and I'd like to thank everyone who came. "We also raised over £500 which is just fantastic.'

For more information about what the group offers, call Sarah on 07729 629190 or visit www.elvmilks.com